



DANCENORTH LAUNCHES NEW INCLUSIVE ARTS PROJECT INVITING TOWNSVILLE TO EXPERIENCE CREATIVITY

Across three years, the new project called Deeper than Dancing welcomes Townsville communities to experience the creative process in action through a new series of creative arts workshops starting on 12 April 2022.

Reflecting the rich diversity of Townsville, **Deeper than Dancing** encourages participation by older people, people with disability, and culturally and linguistically diverse people. The project facilitates an open and playful exchange of art, culture, experiences, and perspectives - designed to ensure everyone in Townsville has accessible and equitable opportunity to experience creativity regardless of age, ability or background.

Deeper than Dancing will take people on unique creative journey through movement classes, workshops, conversations and gatherings. Across the next three years, Dancenorth will host performances and events that celebrate and showcase outcomes of the **Deeper than Dancing** project with the broader community.

Deeper than Dancing kicks off with a **Free Inclusive Dance Workshop** for people with and without disability on Tuesday 12 April at the Oonoonba Community Centre led by Alice Lee Holland of Dancenorth Australia, Isabella Stone of Drill Performance Company (Hobart), and Jeanette Hutchinson of Diffraction Collective (Townsville).

"This first workshop is ideal for energetic and imaginative people, with and without disability, who are curious to express themselves and make new connections with other people," said Ms Holland.

"Deeper than Dancing is not about teaching people how to dance. It's about using movement as a way to activate creativity and imagination to access a depth of experience that is not necessarily verbal or cognitive," said Dancenorth Community Experience Manager Alice Lee Holland.

"There are no barriers to creativity. We are excited to explore a world beyond words and logic and dive into a more sensory and abstract experience instead."

Each workshop will focus on a specific theme and explore these ideas through creative tasks spanning dance, text and visual art. Participants will work collaboratively, and be encouraged to develop their own artistic interest and instinct at their own pace.

Workshops will be facilitated by artists who are experienced in guiding people safely and sensitively through new arts experiences. Each workshop is a stand-alone event, participants may choose to attend, one, two or all workshops offered.

For information and to register visit:
<https://www.dancenorth.com.au/deeper-than-dancing>

MEDIA ENQUIRIES

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